



**NETBALL**  
NEW ZEALAND

## NETBALL ZONE THEORY EXAM

August 2018

Time Allowed: 90 minutes

**PLEASE READ THESE CAREFULLY BEFORE STARTING THE TEST**

1. Teams are referred to as Black and White.
  2. Read all questions carefully.
  3. Answer only what is clear and concise
  4. **PLEASE NOTE: In some questions there are multiple correct answers.**
- THERE ARE 42 QUESTIONS and a total of **80 marks** available.
  - **You must gain 68 marks (85%) in order to pass.**

**G.J. Gardner.**  
HOMES



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## TECHNICAL SPECIFICATIONS

*This section of the exam, tests your knowledge of the court, it's related areas, the goal posts, and the ball.*

**1. What is the name of the two shorter sides at the end of the court?**

- Baseline
- Goal Lines
- Transverse Lines

**2. What is the length of the sideline?**

- 30.5m (100ft)
- 3.50m (11.48ft)
- 3.25m (10.66ft)

**3. The Goal Post is covered with padding and should not be more than:**

- 65mm [2.5in] thick
- 38mm [1.5in] thick
- 50mm [2in] thick

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## TECHNICAL SPECIFICATIONS

*This section of the exam, tests your knowledge of the court, it's related areas, the goal posts, and the ball.*

**4. A rebound from a shot at goal is caught by the Black GS who lands on the Goal Line and shoots successfully for goal.**

**4a. What is the Infringement?**

- No Infringement
- Player out of court
- Player not allowed to stand on Goal Line at a shot for goal

**4b. What is the Sanction and/or Action?**

- Let Play Continue, Count Goal
- Free Pass to White where Black GS shot for goal, discount goal
- Throw in White

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## MATCH PERSONNEL

*This section of the exam tests your knowledge around the team, match officials and technical officials.*

**5. Who are the match officials?**

**Drag and drop the correct two answers into the grey box below.**

Umpires

Reserve  
Umpire

Timekeepers

Scorers

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## MATCH PERSONNEL

*This section of the exam tests your knowledge around the team, match officials and technical officials.*

**6. During a match all players must wear: (select the three that apply).  
Drag and drop the correct three answers into the grey box below.**

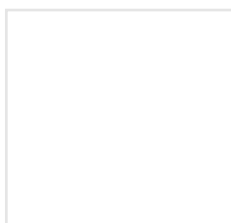
Wedding ring

Suitable sports  
footwear

Playing  
position initials

Medical alert  
bracelet

A registered  
playing uniform



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## MATCH PERSONNEL

*This section of the exam tests your knowledge around the team, match officials and technical officials.*

**7. How many timekeepers are there in a match?**

- 2
- 3
- 4

**8. Who may the umpires request to speak to an on court player?**

- Coach
- Captain
- Manager

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## MATCH PERSONNEL

*This section of the exam tests your knowledge around the team, match officials and technical officials.*

**9. Playing position initials must be worn above the waist front and back. Choose the correct height of these initials.**

- 100mm (4in)
- 150mm (6in)
- 200mm (8in)

**10. The Umpire winning the toss controls which side of the court?**

- the side line nearer the official bench
- the goal end to the left when facing the court

**11. Can a Captain clarify a rule during a blood stoppage? Yes/No**

Yes  
No

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## STARTING PLAY

*This section of the exam tests your knowledge of the rules at the start of play and during the match.*

**12. Black GA takes a Throw In near the Goalpost. Black GA deliberately throws the ball so that it hits the net. Black GA jumps in the air and catches the ball as she lands on court:**

**12a. What is the Infringement?**

- No Infringement
- Replayed Ball Black GA
- Out of Court Black

**12b. What is the Sanction and/or Action?**

- Free Pass White on court where Black GA caught the ball
- Penalty Pass White where Black GA caught the ball
- Let Play Continue
- Throw in White from original Throw In point

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## STARTING PLAY

*This section of the exam tests your knowledge of the rules at the start of play and during the match.*

**13. The game is due to commence. Black Team have 4 players and have 30 seconds to wait for a 5th player. If Black's 5th player arrives within the 30 second time frame and takes the court, what Sanction will be awarded?**

- No Sanction
- Penalty Pass
- Free Pass

**14. The ball touches the umpire who is running outside the sideline and the ball bounces back onto court. What actions will the umpire take?**

- Free pass on court
- Penalty pass on court
- Throw in awarded to the team that had no contact with the ball before it hit the umpire
- Let Play Continue

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## STARTING PLAY

*This section of the exam tests your knowledge of the rules at the start of play and during the match.*

**15. White C has left the court to get the ball and throws the ball to the Black C. Black C takes the throw in before the White C is back on the court.**

**15a. What is the Infringement?**

- No Infringement
- Incorrect Throw In Black C
- White C should have hurried back on to court

**15b. What is the Sanction and/or Action?**

- Free Pass on court White
- Free Pass on court Black
- Throw in Black from original Throw in point
- Throw in White from original Throw in point

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## STARTING PLAY

*This section of the exam tests your knowledge of the rules at the start of play and during the match.*

**16. Determine whether each image correctly demonstrates conditions for controlling the centre pass.**

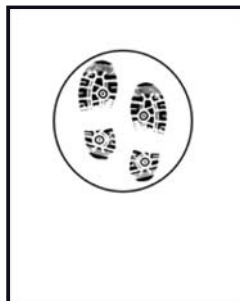
**(a)**

- Correct
- Not Correct



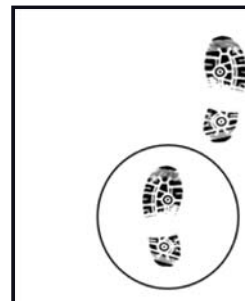
**(b)**

- Correct
- Not Correct



**(c)**

- Correct
- Not Correct

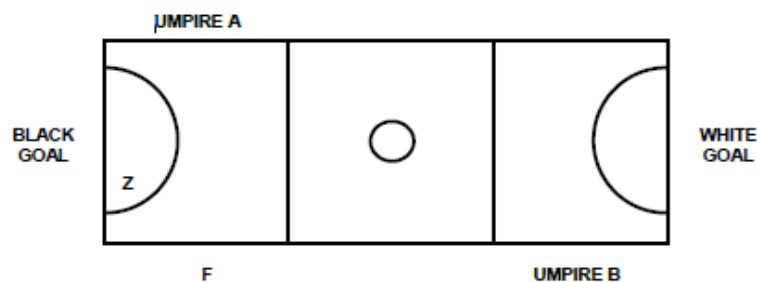


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## MATCH PERSONNEL AND PROCEDURES

*This section of the exam tests your knowledge around umpire and team official procedures.*

Refer to the diagram below for questions 17 and 18



**17. Black has the first Centre Pass at the start of a game.**

**17a. Which Umpire starts play?**

- Umpire A
- Umpire B

**17b. Which Umpire would take a Toss Up at Point Z?**

- Umpire A
- Umpire B

**18. White scores the first goal. Which Umpire is responsible for the following?**

**18a. Restarting play?**

- Umpire A
- Umpire B

**18b. Ruling out of Court at Point F?**

- Umpire A
- Umpire B

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## MATCH PROCEDURES

*This section of the exam tests your knowledge around umpire and team official procedures.*

**19. Which Umpire is responsible for any infringements by the Centre taking the centre pass and any opponent defending the pass?**

- The umpire controlling the centre pass
- The umpire into whose half the ball is going

**20. Who is responsible for notifying the teams when there are 30 seconds and 10 seconds before the start of a quarter/half?**

- Timekeepers
- Reserve Umpire
- Scorers
- Umpires

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## MATCH PROTOCOLS

*This section of the exam, tests your knowledge of the game's protocols.*

**21. Describe the type of whistle an Umpire would use in the following situations:**

**21a. 30 second warning prior to start of play**

- medium whistle roll
- long whistle roll
- long whistle

**21b. At the restart of play after a stoppage**

- more urgent whistle
- medium whistle
- long whistle roll
- long whistle

**21c. During play (for an infringement etc)**

- medium whistle
- more urgent whistle
- long whistle roll

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## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

**22. Late arrivals may enter the game straight away if playing with only 6 players (True/False)**

**23. Only the primary care person/s are permitted on the court to assist the player from the court (True/False)**

**24. The Umpires may authorise other persons to assist the injured player from the court if needed (True/False)**

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## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

**25. White GK defending correctly makes it difficult for the Black GA to pass the ball. At three seconds Black GA passes the ball to Black C.**

**25a. What is the Infringement?**

- No Infringement
- Held Ball Black GA
- Obstruction White GK

**25b. What is the Sanction and/or Action?**

- Let Play Continue
- Free Pass White where Black GA held the ball
- Penalty Pass Black where White made it difficult for Black GA to pass the ball

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## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

**26. The ball is loose on the ground outside the Goal Circle. Black WA rolls the ball to Black GA who shoots successfully for Goal.**

**26a. What is the Infringement?**

- Rolling the ball to another player Black WA
- Replayed Ball Black WA
- No Infringement

**26b. What is the Sanction and/or Action?**

- Let Play Continue
- Free Pass White where Black WA rolled the ball to Black GA, discount goal
- Free Pass White where Black GA shot for goal

## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

**27. Black GD intercepts the ball in White's Goal Third. Black GD steps into the Centre Third and passes the ball to the Black GS.**

**27a. What is the Infringement?**

- No Infringement
- Ball over a third Black
- Stepping Black GD

**27b. What is the Sanction and/or Action?**

- Free Pass White in Centre Third by the transverse line, where Black GS caught the ball
- Free Pass White in Black's Goal Third near the transverse line
- Free Pass White where Black GD passed the ball
- Free Pass White where Black GD Stepped

## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

**28. Black GA slips on her grounded left foot as she catches the ball, before shooting successfully for goal.**

**28a. What is the Infringement?**

- No Infringement
- Footwork Black GA.

**28b. What is the Sanction and/or Action?**

- Free Pass White where Black GA slipped before releasing the ball, discount goal
- Let Play Continue, count goal
- Penalty Pass White where Black GA slipped before releasing the ball

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## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

**29. White C and Black C simultaneously go offside into the Goal Circle as White GA catches the ball close to the Goal Post.**

**29a. What is the Infringement?**

- No Infringement
- Simultaneous Offside Black C and White C, neither in contact with the ball
- Simultaneous Offside Black C and White C ball involved

**29b. What is the Sanction and/or Action?**

- Toss Up Outside Goal Circle between the White C and Black C
- Let Play Continue
- Toss Up inside Goal Circle by two players allowed in Goal Circle

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## DURING THE MATCH

*This section of the exam tests your knowledge of the rules during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.*

**30. White WD bats the ball away as it comes towards Black WA. White WD follows the ball and bounces it before gaining possession.**

**30a. What is the Infringement?**

- No Infringement
- Replayed ball White WD
- Bat, bounce and catch White WD

**30b. What is the Sanction and/or Action?**

- Let Play Continue
- Free Pass Black where White WD caught the ball
- Penalty Pass Black where White WD caught the ball

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## SANCTIONS

*This section of the exam tests your knowledge around sanctions including the types of sanctions and advantage.*

**31. Black WD is penalised for Obstruction. Black WD stands out of play and talks to the Black C about her sore foot.**

**31a. What is the Infringement?**

- No Infringement
- Black WD taking part in play while penalised

**31b. What is the Sanction and/or Action?**

- Let Play Continue
- Free Pass to White where Black WD was standing
- Retake Penalty Pass White where Black WD was standing

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## SANCTIONS

*This section of the exam tests your knowledge around sanctions including the types of sanctions and advantage.*

**32. Sanctions are awarded to a team. The player taking the sanction must: (select the three that apply). Drag and drop the correct three answers into the grey box below.**

For a penalty take the pass from anywhere on the court

Release the ball within 3 seconds

Take up the position indicated by the Umpire

Obey the footwork rule

Release the ball at 3 seconds

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## SANCTIONS

*This section of the exam tests your knowledge around sanctions including the types of sanctions and advantage.*

**33. Advantage can be applied during a game by the umpires, how is this communicated by the umpires (select the three that apply). Drag and drop the correct three answers into the grey box below.**

Use the correct hand signal

Do nothing

Call advantage

Let Play Continue

State the infringement

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## GAME MANAGEMENT

*This section of the exam tests your knowledge around game management including actions that may be taken by umpires, foul play and discipline of team officials and bench players.*

**34. A player that has been suspended will sit at the Umpires' bench. (True/False)** Choose ▾

True  
False

**35. A player who is suspended takes no part in play for 2 minutes playing time. (True/False)** Choose ▾

True  
False

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## GAME MANAGEMENT

*This section of the exam tests your knowledge around game management including actions that may be taken by umpires, foul play and discipline of team officials and bench players.*

**36. Black GK defending from the correct distance, waves her hand in front of White GA's eyes making it difficult for White GA to see the Goalpost.**

**36a. What is the Infringement?**

- No infringement
- Intentional Intimidation Black GK

**36b. What is the Sanction and/or Action?**

- Penalty Pass White and Black GK is cautioned
- Penalty Pass White where Black GK was standing
- Let Play Continue

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## SCORING A GOAL

*This section of the exam tests your knowledge around scoring a goal including; requirements for scoring a goal and taking a shot.*

**37. White GA's shot at goal is deflected by the Black GK defending from the correct distance, the ball passes above and completely through the ring.**

**37a. What is the Infringement?**

- No Infringement
- Black GK deflecting a shot for goal

**37b. What is the Sanction and/or Action?**

- Let Play Continue, Count Goal
- Penalty Pass White where White GA shot for goal
- Penalty Pass Black from where White GA shot for goal
- Free Pass White where White GA shot for goal

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## SCORING A GOAL

*This section of the exam tests your knowledge around scoring a goal including; requirements for scoring a goal and taking a shot.*

**38. The Black GK knocks the goalpost as the White GS shot at goal is successful.**

**38a. What is the Infringement?**

- Knocking the goalpost during a shot for goal Black GK
- Contact with the goalpost during a shot for goal Black GK
- No Infringement

**38b. What is the Sanction and/or Action?**

- Let Play Continue, Apply Advantage, Count Goal
- Award a penalty pass where Black GK knocked the goalpost, discount the goal

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## CONTACT/OBSTRUCTION

*This section of the exam tests your knowledge around contact and obstruction including; contact and contest, interference, obstruction of a player in possession of the ball, obstruction of a player not in possession of the ball, defence involving a player outside the court.*

**39. Black GA jumps to receive a rebound. White GD moves into the position where Black GA needs to land.**

**39a. What is the Infringement?**

- Moving into the path of an opponent who is committed to a landing space, White GD
- Landing on a player who is moving into the landing space, Black GA
- No Infringement
- Simultaneous Contact Black GA & White GD

**39b. What is the Sanction and/or Action?**

- Let Play Continue
- Penalty Pass Black where White GD moved into Black GA's landing space
- Toss Up between Black GA & White GD

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## CONTACT/OBSTRUCTION

*This section of the exam tests your knowledge around contact and obstruction including; contact and contest, interference, obstruction of a player in possession of the ball, obstruction of a player not in possession of the ball, defence involving a player outside the court.*

**40. Black C catches the ball. White WD takes up the correct defending position and puts her hands over the ball. Black C moves the ball up to throw a pass and hits the White WD hands.**

**40a. What is the Infringement?**

- No Infringement
- Incorrectly putting hands over the ball White WD
- Contact with the ball Black C

**40b. What is the Sanction and/or Action?**

- Let Play continue
- Free Pass White where Black C was standing
- Penalty Pass White where Black C was standing
- Penalty Pass Black where White WD touched the ball

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## CONTACT/OBSTRUCTION

*This section of the exam tests your knowledge around contact and obstruction including; contact and contest, interference, obstruction of a player in possession of the ball, obstruction of a player not in possession of the ball, defence involving a player outside the court.*

**41. White GA shoots for goal. Black GD standing 0.6m from the nearer foot of the GA stands watching the goalpost, making no attempt to defend.**

**41a. What is the Infringement?**

- No Infringement
- Interfering with the White GA shot at goal
- Obstruction Black GD

**41b. What is the Sanction and/or Action?**

- Penalty Pass White where Black GD was standing
- Free Pass White where Black GD was standing
- Let Play Continue

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## UMPIRE HAND SIGNALS

*This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.*

**42. Drag and drop correct hand signal into the boxes below.**

|                      |                      |                      |                      |                               |
|----------------------|----------------------|----------------------|----------------------|-------------------------------|
| Short Pass           | Goal Not Scored      | Advantage            | Stepping             | Incorrect Playing of the Ball |
| Footwork             | Hold Time            | Direction of Pass    | Warning              |                               |
| <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/>          |



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## UMPIRE HAND SIGNALS

*This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.*

**42. Drag and drop correct hand signal into the boxes below.**

|              |                   |                 |           |                               |
|--------------|-------------------|-----------------|-----------|-------------------------------|
| Short Pass   | Direction of Pass | Advantage       | Stepping  | Incorrect Playing of the Ball |
| Intimidation | Warning           | Goal Not Scored | Hold Time |                               |
|              |                   |                 |           |                               |



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## UMPIRE HAND SIGNALS

*This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.*

**42. Drag and drop correct hand signal into the boxes below.**

|                 |                               |                   |              |                   |
|-----------------|-------------------------------|-------------------|--------------|-------------------|
| Footwork        | Stepping                      | Direction of Pass | Short Pass   | Ball Over a Third |
| Goal Not Scored | Incorrect Playing of the Ball | Advantage         | Intimidation |                   |
|                 |                               |                   |              |                   |



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END OF THE EXAM

You have reached the end of this exam.



**KEEP  
CALM  
AND  
GOOD  
LUCK**

Page 35

END OF THE EXAM

You have reached the end of this exam.



0:00 / 0:22



**an Exam**

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