

NETBALL ZONE THEORY EXAM

May 2017



Time Allowed: 90 minutes

PLEASE READ THESE CAREFULLY BEFORE STARTING THE TEST

1. Teams are referred to as Black and White.
 2. Read all questions carefully.
 3. Answer only what is clear and concise
 4. **PLEASE NOTE: In some questions there are multiple correct answers.**
- THERE ARE 48 QUESTIONS and a total of **80 marks** available.
 - **You must gain 68 marks (85%) in order to pass.**



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TECHNICAL SPECIFICATIONS

This section of the exam, tests your knowledge of the court, it's related areas, the goal posts, and the ball.

1. What is the length of the side-line?

- 30.05m (100ft)
- 3.50m (11.48ft)
- 3.25m (10.66ft)

2. What is the name of the two shorter lines at the end of the court?

- Base Lines
- Goal Lines
- Transverse Lines

3. The Goal Post is covered with padding and should not be more than;

- 65mm (2.5in)
- 38mm (1.5in)
- 50mm (2in) thick

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MATCH PERSONNEL

This section of the exam tests your knowledge around the team, match officials and technical officials.

4. How many Scorers are there in a match?

- 2
- 3
- 4

5. During a match all players must wear (Select all that apply):

- A registered playing uniform
- Medical alert bracelet
- Wedding ring
- Playing positions

6. Who are the match officials (Select all that apply)?

- Umpires
- Reserve Umpire
- Manager
- Timekeepers
- Scorers

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MATCH PERSONNEL

This section of the exam tests your knowledge around the team, match officials and technical officials.

7. When may the captain approach the umpires for clarification of a rule?

- at a stoppage
- at an interval
- an injury
- Never

8. The Umpire winning the toss controls which side of the court?

- The side line nearer the official bench
- The goal end to the left when facing the court

9. Can bench players leave the team bench during play?

- Yes
- No

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STARTING PLAY

This section of the exam tests your knowledge of the rules at the start of play including; organisation, centre pass, out of court, throw in and toss up.

10. White WA is taking a throw in on the goal line. Before passing the ball, White WA steps behind the goal circle and passes the ball to White GA who is ready to shoot for goal.

10a. What is the Infringement?

- No infringement
- White WA stepping behind an offside area whilst in possession of the ball
- Incorrect entry to Area at a throw in White WA

10b. What is the Sanction/Action?

- Throw in Black where White WA's foot was too far away from the line
- Let play continue
- Throw in Black where White WA stepped behind the goal circle

11. A team must take the court if there are 5 players present (True/False)

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STARTING PLAY

This section of the exam tests your knowledge of the rules at the start of play and during the match.

12. Determine whether each image correctly demonstrates conditions for controlling the centre pass.

(a)

- Correct
- Not Correct



(b)

- Correct
- Not Correct



(c)

- Correct
- Not Correct



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STARTING PLAY / DURING THE MATCH

This section of the exam tests your knowledge of the rules at the start of play as well as during the match including; substitutions and team changes, late arrivals, stoppages, playing the ball, passing distances, footwork and offside.

13. Black WD and White C are contesting for a loose ball that slipped out of Black GK's hands. As White C attempts to pick the ball up, she accidentally kicks the ball and it hits a spectator watching the game.

13a. What is the Infringement?

- Ball out of court Black
- Ball out of court White
- Incorrect playing of the ball White C
- Kicking the ball White C

13b. What is the Sanction and/or Action?

- Throw in Black near where the ball hit/touched the spectator
- Throw in White where the ball touched the spectator
- Free Pass Black where White C accidentally kicked the ball

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MATCH PERSONNEL AND PROCEDURES

This section of the exam tests your knowledge around umpire and team official procedures.

14. Coaching can occur at the Side Line during any stoppage (True/False)

 True
 True
 False

15. Both Umpires indicate the direction of play after a goal is scored (True/False)

 True
 True
 False

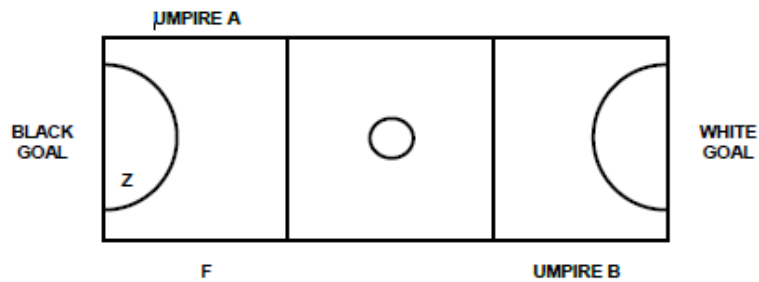
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MATCH PERSONNEL AND PROCEDURES

This section of the exam tests your knowledge around umpire and team official procedures.

Refer to the diagram below for questions 16 - 17



16. Black has the first Centre Pass at the start of a game.

16a. Which Umpire starts play?

- Umpire A
 Umpire B

16b. Which Umpire would take a Toss Up at Point Z?

- Umpire A
 Umpire B

17. White scores the first goal. Which Umpire is responsible for the following?

17a. Restarting play?

- Umpire A
 Umpire B

17b. Penalising out of Court at Point F?

- Umpire A
 Umpire B

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MATCH PERSONNEL AND PROCEDURES

This section of the exam tests your knowledge around umpire and team official procedures.

18. In the same game as for Q16 & Q17, the score is 14-11 to Black nearing the end of the first quarter.

18a. Which team has the next Centre pass?

- Black
 White

18b. If the Umpires disagree with the next Centre Pass, who shall they appeal to?

- Captains
 Timer
 Scorer
 Coaches

18c. What is the length of the interval at the end of the first quarter in an hour long game?

- 2min
 4min
 12min
 15min

18d. Can the umpire extend the interval between the first and second quarters for an emergency?

- Yes
 No

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PROTOCOLS

This section of the exam, tests your knowledge of the games protocols.

19. Describe the type of whistle an Umpire would use in the following situations:

19a. 10 second warning

- long whistle
- medium whistle
- medium whistle roll
- long whistle roll

19b. Re-Start of play following a goal being scored

- long whistle
- medium whistle
- medium whistle roll
- long whistle roll

19c. End of game

- long whistle
- medium whistle
- medium whistle roll
- long whistle roll

19d. 30 second warning

- long whistle
- medium whistle
- medium whistle roll
- long whistle roll

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match.

20. Substitutions and team changes can happen when play is stopped for injury/illness (True/False)

 True
 True
 False

21. The Umpire cannot hold time or extend an interval if appropriate (True/False)

 False
 True
 False

22. The WA arrives late and the team are playing with 6 players with the WD position left vacant. The late player can move into the WA position with the WA on court moving to the WD position. (True/False)

 False
 True
 False

23. Only the primary care person/s are permitted on the court to assist the player from the court (True/False)

 True
 True
 False

24. The coach is allowed to call for a stoppage when a player is hurt (True/False)

 False
 True
 False

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match.

25. During the stoppage for blood, both teams may make substitutions and /or team changes (True/False)

26. The Umpires may authorise other persons to assist the injured player from the court if needed (True/False)

27. A late player can enter the court as soon as they arrive at the game (True/False)

28. If two opposing players enter an offside area, one before the other, the first player is penalised (True/False)

29. A player may roll the ball to herself to gain possession (True/False)

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match.

30. Black C falls to the ground. The ball is loose close to her. Black C reaches out and rolls the ball to herself, regains her footing without stepping and passes the ball to Black WA.

30a. What is the Infringement?

- No Infringement
- Rolling the ball to herself Black C while on the ground
- Replaying the ball while on the ground

30b. What is the Sanction/Action?

- Let Play Continue
- Free Pass White where Black C rolled the ball to herself while on the ground
- Penalty Pass White where Black rolled the ball to herself while on the ground

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match.

31. Black WD is defending the pass outside the Goal Circle and overbalances falling into the Goal Circle, just as White GA catches the pass and prepares to shoot for goal.

31a. What is the Infringement?

- Offside Black WD
- No Infringement
- Obstruction Black WD

31b. What is the Sanction/Action?

- Let Play Continue Advantage Rule Applies
- Free Pass White inside Goal Circle
- Free Pass White where GA caught the ball
- Free Pass White outside Goal Circle

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match.

32. White WA catches the ball and lands on both feet simultaneously. White WA jumps off both feet and lands on the left foot before passing the ball.

32a. What is the Infringement?

- No Infringement
- Footwork White WA

32b. What is the Sanction/Action?

- Let Play Continue
- Free Pass Black where White WA passed the ball
- Penalty Pass Black where White WA passed the ball

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match.

33. Black GA slides her grounded left foot as she catches the ball, before shooting successfully for goal.

33a. What is the Infringement?

- No Infringement
- Black GA Sliding after catching the ball
- Footwork Black GA

33b. What is the Sanction/Action?

- Free Pass White where Black GA slid before releasing the ball, discount goal
- Let Play Continue, count goal
- Penalty Pass White where Black GA slid before releasing the ball, discount goal

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DURING THE MATCH

This section of the exam tests your knowledge of the rules during the match.

34. After an unsuccessful shot at goal, White GK catches the ball just before White GD. White GD quickly releases the ball. White GK passes to the White WD outside the goal circle.

34a. What is the Infringement?

- White GD replayed the ball
- No Infringement
- Short Pass White GK and White GD

34b. What is the Sanction/Action?

- Let Play Continue
- Free Pass Black where White GD released the ball
- Penalty Pass Black where White GD released the ball

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GAME MANAGEMENT

This section of the exam tests your knowledge around game management including actions that may be taken by umpires, foul play and discipline of team officials and bench players.

35. A player who is suspended must report to the Score Bench False True

36. A warning issued by one Umpire is not binding on the other Umpire False True

37. A player who is suspended takes no part in play for 2 minutes True False

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GAME MANAGEMENT

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38. White C is suspended for rough play and during the suspension time there is an interval and White C joins the team for a team talk.

38a. What is the Infringement?

- The Player Cannot Take Part In Any Team Discussions During Suspension Period
- No infringement

38b. What is the Sanction/Action?

- Advise White C, a Suspended Player May Not Take Part In Any Team Discussions
- Take no action

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GAME MANAGEMENT

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39. Black GK defending from the correct distance, waves her hand in front of White GA's eyes making it difficult for White GA to see the Goalpost.

39a. What is the Infringement?

- No infringement
- Intentional Intimidation Black GK
- Obstruction Black GK

39b. What is the Sanction/Action?

- Penalty Pass White where Black GK was obstructing and Black GK is cautioned
- Penalty Pass White where Black GK was obstructing
- Let Play Continue

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GAME MANAGEMENT

This section of the exam tests your knowledge around game management including actions that may be taken by umpires, foul play and discipline of team officials and bench players.

40. Black C is penalised for contact in the Centre Third. Black C disagrees with the decision and directs an inappropriate comment at the Umpires.

40a. What is the Infringement?

- Foul Play - Unfair play Black C
- Misconduct - Dissent with an Umpire Black C
- Misconduct - Actions contrary to good sportsmanship Black C

40b. What is the Sanction/Action?

- Penalty Pass White where Black C disagreed with the Umpire's decision and the player is issued with a caution
- Penalty Pass White which is advanced

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CONTACT/OBSTRUCTION

This section of the exam tests your knowledge around contact and obstruction including; contact and contest, interference, obstruction of a player in possession of the ball, obstruction of a player not in possession of the ball, defence involving a player outside the court.

41. White GD defends Black GS from 0.9m with one foot out of Court. Black GS shoots successfully for goal.

41a. What is the Infringement?

- No infringement
- Obstruction White GD
- Defending from out of court White GD

41b. What is the Sanction/Action?

- Let Play continue, count goal
- Penalty Pass Black on court close to where White GD was defending
- Let Play Continue - Count goal – advantage rule applies

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CONTACT/OBSTRUCTION

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42. White GS catches the ball in the Goal Circle. Black C standing outside the Goal Circle leans over and accidentally pushes the White GS who drops the ball. White GS picks up the ball and unsuccessfully shoots for Goal.

42a. What is the Infringement?

- No infringement
- Contact Black C
- Replayed ball White GS

42b. What is the Sanction/Action?

- Penalty Pass White where White GS dropped the ball
- Penalty Pass White where Black C contacted
- Free Pass where White GS dropped the ball
- Free Pass where Black C contacted
- Let Play Continue

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SANCTIONS

This section of the exam tests your knowledge around sanctions including the types of sanctions and advantage.

43. All sanctions are awarded to a team (True/False)

44. Black WD is penalised for Obstruction. Black WD stands out of play and talks to the Black C about her sore foot.

44a. What is the Infringement?

- No infringement
- Black WD taking part in play at a penalty

44b. What is the Sanction/Action?

- Let Play Continue
- Free Pass to White where Black WD was standing
- Re-take Penalty Pass White where Black WD was standing

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SCORING A GOAL

This section of the exam tests your knowledge around scoring a goal including; requirements for scoring a goal and taking a shot.

45. White GA's shot at goal is deflected by the Black GK defending from the correct distance, the ball passes above and completely through the ring.

45a. What is the Infringement?

- No Infringement
- Shooting for goal Black GK

45b. What is the Sanction/Action?

- Let Play Continue, count goal
- Penalty Pass White where White GA shot for goal
- Penalty Pass Black from where White GA shot for goal
- Free Pass White where White shot for goal

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SCORING A GOAL

This section of the exam tests your knowledge around scoring a goal including; requirements for scoring a goal and taking a shot.

46. Black GS catches the ball and lands astride the goal circle line. Black GS lifts her back foot and shoots successfully for goal. What action would the umpire take?

- Free pass White inside the goal circle where Black GS shot for goal, discount goal
- Count goal, let play continue, advantage applies
- Free Pass White outside the Goal Circle where Black GS landed, discount goal
- Penalty Pass White outside the goal circle where Black GS landed, discount goal

47. The Black GK knocks the goalpost as the White GS's shot at goal is successful. What should the Umpire do?

- Count Goal, advantage rule applies
- Award a penalty pass to White where Black GK knocked the goalpost
- Discount the goal

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UMPIRE HAND SIGNALS

This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.

48. Drag and drop correct hand signal into the boxes below.

Short Pass

Stepping

Advantage

Goal Not Scored

Incorrect Playing
of the Ball

Ball Over a Third

Footwork

Direction of Pass

Hold Time



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Footwork

Stepping

Direction of Pass

Goal Not Scored

Hold Time

Ball Over a Third

Short Pass

Advantage

Incorrect Playing
of the Ball



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END OF THE EXAM

You have reached the end of this exam.



**KEEP
CALM
AND
GOOD
LUCK**

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END OF THE EXAM

You have reached the end of this exam.

