

# Netball NZ Zone Theory

## September 2016



**NETBALL**  
NEW ZEALAND

### DEFINITIONS (3 MARKS)

*This section of the exam tests your knowledge of the definitions around the game of netball.*

Question	Answer Selection	Correct Answer	Digital Response
<b>Select the correct definition from the lists provided for the terms shown below:</b> (3 marks)			
<b>MULTICHOICE:</b> 1. Match Officials	<ul style="list-style-type: none"> <li>• Captain, Player and Doctor</li> <li>• Coach, Manager and Primary Care Person</li> <li>• <b>Two umpires and a reserve umpire</b></li> </ul>	Two umpires and a reserve umpire	<b>The correct answer is:</b> <ul style="list-style-type: none"> <li>• Two umpires and a reserve umpire</li> </ul> <b>(1 Mark)</b>
<b>MULTICHOICE:</b> 2. Playing Enclosure	<ul style="list-style-type: none"> <li>• <b>The area consisting of the court, the court surround and the bench zone.</b></li> <li>• The outside surround areas of the court where the umpires officiate.</li> <li>• The areas on court, goal third and centre third.</li> </ul>	The area consisting of the court, the court surround and the bench zone.	<b>The correct answer is:</b> The area consisting of the court, the court surround and the bench zone. <b>(1 Mark)</b>
<b>MULTICHOICE:</b> 3. Pivot	<ul style="list-style-type: none"> <li>• a movement where the player with the ball drags their landing foot along the ground in order to face the direction of play.</li> <li>• a movement where the player with the ball turns on the ball of their foot to face the end of the court where their team is shooting for goal.</li> <li>• <b>a movement where the player with the ball swivels on either the heel or the ball of the landing foot without gaining any ground.</b></li> </ul>	A movement where the player with the ball swivels on either the heel or the ball of the landing foot without gaining any ground.	<b>The correct answer is:</b> A movement where the player with the ball swivels on either the heel or the ball of the landing foot without gaining any ground. <b>(1 Mark)</b>

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### TECHNICAL SPECIFICATIONS (6 MARKS)

*This section of the exam, tests your knowledge of the court, it's related areas, the goal posts, and the ball.*

Question	Answer Selection	Correct Answer	Digital Response
<b>Select the correct answer for the following questions (6 marks):</b>			
<b>MULTICHOICE:</b>  4. What is the distance between the edge of the court surround and the goal lines and sidelines?	<ul style="list-style-type: none"> <li>● 35 m (114 ft)</li> <li>● 30.5m (100 ft)</li> <li>● 3.05m (10 ft)</li> </ul>	3.05m (10 ft)	The correct answer is: 3.05m (10 ft)  <b>(1 Mark)</b>
<b>MULTICHOICE:</b>  5. The field of play is _____ in shape and consists of the court and the court surround.	<ul style="list-style-type: none"> <li>● square</li> <li>● rectangular</li> <li>● circle</li> </ul>	rectangular	The correct answer is: rectangular  <b>(1 Mark)</b>
<b>MULTICHOICE:</b>  6. Which benches are located on one side of the court in the bench zone?	<ul style="list-style-type: none"> <li>● First Aid and Primary Care Persons</li> <li>● Media and Statisticians</li> <li>● Officials, Umpires' and Team Benches</li> </ul>	Officials, Umpires' and Team Benches	The correct answer is: Officials, Umpires' and Team Benches  <b>(1 Mark)</b>
<b>DRAG/ DROP:</b>  7. Drag and Drop the correct measurements into the <b>GREY</b> areas for the following equipment used in the game of	<ul style="list-style-type: none"> <li>● Goal Post               <ul style="list-style-type: none"> <li>○ Height of the goalpost                   <ul style="list-style-type: none"> <li>■ 3.05m (10ft)</li> <li>■ 3.50m</li> <li>■ 30.5m</li> </ul> </li> </ul> </li> </ul>		The correct answer is: 3.05m (10ft)  <b>(1 Mark)</b>

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<p><b>DRAG/ DROP:</b></p> <p>8. Drag and Drop the correct measurements into the <b>GREY</b> areas for the following equipment used in the game of netball.</p>	<ul style="list-style-type: none"> <li>○ Diameter of the goalpost             <ul style="list-style-type: none"> <li>■ 60 - 100mm</li> <li>■ 65 - 100mm (2.5-4 in)</li> <li>■ 70 - 110mm</li> </ul> </li> </ul>		<p><b>The correct answer is:</b> 65-100mm (2.5 - 4inch)</p> <p style="text-align: right;"><b>(1 Mark)</b></p>
<p><b>DRAG/ DROP:</b></p> <p>9. Drag and Drop the correct measurements into the <b>GREY</b> areas for the following equipment used in the game of netball.</p>	<ul style="list-style-type: none"> <li>○ Padding on the goalpost             <ul style="list-style-type: none"> <li>■ Not more than 50mm (2in) and extending the full length of the pole.</li> </ul> </li> </ul>		<p><b>The correct answer is:</b> Not more than 50mm (2in) and extending the full length of the pole.</p> <p style="text-align: right;"><b>(1 Mark)</b></p>

### MATCH DURATION (2 MARKS)

Answer the following question as either **TRUE** or **FALSE** (4 marks).

Question	Answer Selection	Correct Answer	Digital Response
<p><b>TRUE/FALSE:</b></p> <p>10. (a) A period of play must not exceed the specified playing time except if a team is awarded a penalty pass in the attacking goal circle.</p>	<ul style="list-style-type: none"> <li>● True</li> <li>● False</li> </ul>	True	<p><b>The correct answer is:</b> True</p> <p style="text-align: right;"><b>(½ Mark)</b></p>
<p><b>TRUE/FALSE:</b></p> <p>(b) Teams must change ends each quarter.</p>	<ul style="list-style-type: none"> <li>● True</li> <li>● False</li> </ul>	True	<p><b>The correct answer is:</b> True</p> <p style="text-align: right;"><b>(½ Mark)</b></p>
<p><b>TRUE/FALSE:</b></p> <p>(c) To restart play during extra time, the</p>	<ul style="list-style-type: none"> <li>● True</li> <li>● False</li> </ul>	False	<p><b>The correct answer is:</b> False</p>

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captains from both teams must toss for choice of goal end or the first centre pass.			(½ Mark)
<b>TRUE/FALSE:</b> (d) In the event of a tie remaining at the end of extra time, play will continue until one team leads by one goal.	<ul style="list-style-type: none"> <li>● True</li> <li>● False</li> </ul>	False	<b>The correct answer is:</b> False  (½ Mark)

### MATCH PERSONNEL (8 MARKS)

Select the correct responses for the following. **NOTE: there may be more than one correct response per question** (8 marks)

Question	Answer Selection	Correct Answer	Digital Response
<b>MULTI-CHOICE:</b> 11. During a match a player must wear:	<ul style="list-style-type: none"> <li>● A registered playing uniform</li> <li>● Suitable sports footwear</li> <li>● Wedding ring</li> <li>● Spiked Shoes</li> <li>● Playing position initials</li> <li>● Medical alert bracelet</li> </ul>	<ul style="list-style-type: none"> <li>● A registered playing uniform</li> <li>● Suitable sports footwear</li> <li>● Playing position initials</li> </ul>	<b>The correct answers are:</b> <ul style="list-style-type: none"> <li>● A registered playing uniform</li> <li>● Suitable sports footwear</li> <li>● Playing position initials</li> </ul> (3 Marks)
<b>MULTI-CHOICE:</b> 12. The Role of Reserve Umpire is to:	<ul style="list-style-type: none"> <li>● Replace an umpire who becomes ill/injured during a match.</li> <li>● Inform the bench officials of team changes</li> <li>● Supervise a suspended player during the suspension period</li> <li>● Assist the umpires with any procedures prior to the match or during intervals</li> <li>● Stand at the umpires bench during a match</li> </ul>	Replace an umpire who becomes ill/injured during a match. Supervise a suspended player during the suspension period Assist the umpires with any procedures prior to the match or during intervals	<b>The correct answers are:</b> <ul style="list-style-type: none"> <li>● Replace an umpire who becomes ill/injured during a match.</li> <li>● Supervise a suspended player during the suspension period</li> <li>● Assist the umpires with any procedures prior to the match or during intervals</li> </ul> (3 Marks)

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<p><b>CLOSED QUESTION:</b></p> <p>13. The timekeepers are jointly responsible for ensuring that each playing period and each interval is of the correct length of time. The timekeepers notify the umpires when there are _____ and _____ remaining before the start of a quarter/half.</p>	<ul style="list-style-type: none"> <li>• 60 seconds</li> <li>• <b>30 seconds</b></li> <li>• 15 seconds</li>   <li>• 60 seconds</li> <li>• 30 seconds</li> <li>• <b>10 seconds</b></li> </ul>	<p>30 seconds and 10 seconds</p>	<p>The correct answers are: 30 seconds and 10 seconds</p> <p style="text-align: right;"><b>(2 Marks)</b></p>
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### MATCH PROCEDURES (6 MARKS)

Select who is responsible for making sure the procedures for a centre pass are correct.  
Select the correct answer from those provided.

Question	Answer Selection	Correct Answer	Digital Response
<p><b>MULTI-CHOICE:</b></p> <p>14. Who is responsible for notifying the teams when there are 30 seconds and 10 seconds before the start of a quarter/half?</p>	<ul style="list-style-type: none"> <li>• Timekeepers</li> <li>• <b>Umpires</b></li> <li>• Scorers</li> </ul>	<p>Umpires</p>	<p>The correct answer is: Umpires</p> <p style="text-align: right;"><b>(1 Mark)</b></p>
<p><b>MULTI-CHOICE:</b></p> <p>15. Immediately after a goal is scored both umpires indicate the direction of the next centre pass. If the umpires disagree, who do they seek clarification from?</p>	<ul style="list-style-type: none"> <li>• Team Managers</li> <li>• Reserve Umpire</li> <li>• <b>Scorer</b></li> </ul>	<p>Scorer</p>	<p>The correct answer is: Scorer</p> <p style="text-align: right;"><b>(1 Mark)</b></p>
<p><b>MULTI-CHOICE:</b></p>	<ul style="list-style-type: none"> <li>• The Reserve Umpire</li> </ul>	<p>The umpire controlling the centre pass</p>	<p>The correct answer is:</p>

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<p>16. Which umpire is responsible for any infringements by the Centre taking the centre pass and any opponent defending the pass?</p>	<ul style="list-style-type: none"> <li>● The umpire controlling the centre pass</li> <li>● The umpire not controlling the centre pass</li> </ul>		<p>The umpire controlling the centre pass <b>(1 Mark)</b></p>
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Select the procedures that Team Officials and Bench players must adhere to during a match.  
Select the correct answer from those provided.

<p><b>MULTI-CHOICE:</b></p> <p>17. Team Officials and bench players may coach: (Select ALL that apply)</p>	<ul style="list-style-type: none"> <li>● While play is in progress provided they are positioned at the team bench.</li> <li>● When the ball is out of court, and they can enter the court to do so as long as they are off court when the ball is retrieved from out of court.</li> <li>● During stoppages provided they remain at the team bench or on the court surround and do not (except the primary care person/s) enter the court.</li> <li>● During intervals.</li> </ul>	<p>While play is in progress provided they are positioned at the team bench. During stoppages provided they remain at the team bench or on the court surround and do not (except the primary care person/s) enter the court. During intervals.</p>	<p><b>The correct answers are:</b> While play is in progress provided they are positioned at the team bench. During stoppages provided they remain at the team bench or on the court surround and do not (except the primary care person/s) enter the court. During intervals.</p> <p style="text-align: right;"><b>(3 Marks)</b></p>
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### STARTING & DURING PLAY (19 MARKS)

Question	Answer Selection	Correct Answer	Digital Response
<p><b>MULTI-CHOICE:</b></p> <p>18. Select ALL images that demonstrate the correct conditions for controlling the centre pass.</p>			<p>The correct answers are:</p> <p style="text-align: right;"><b>(3 Marks)</b></p>
<p>19. Black WD and White C are contesting for a loose ball that slipped out of Black GK's hands. As White C attempts to pick the ball up, she accidentally kicks the ball and it hits a spectator watching the game.</p>			
<p><b>Name the infringement:</b></p>	<ul style="list-style-type: none"> <li>● Out of Court Black</li> <li>● <b>Out of Court White</b></li> <li>● Incorrect playing of the ball White C</li> <li>● Kicking the ball White C</li> </ul>	<p>Out of Court White</p>	<p><b>The correct answer is:</b> Out of Court White</p> <p style="text-align: right;"><b>(1 Mark)</b></p>
<p><b>Sanction/ Action:</b></p>	<ul style="list-style-type: none"> <li>● <b>Throw In Black near where the ball touched the spectator.</b></li> <li>● Throw In White where the ball touched the spectator.</li> </ul>	<p>Throw In Black near where the ball hit/touched the spectator.</p>	<p><b>The correct answer is:</b> Throw In Black near where the ball hit/touched the spectator.</p>

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	<ul style="list-style-type: none"> <li>Free pass Black where the White C accidentally kicked the ball.</li> </ul>		<b>(1 Mark)</b>
<p>20. White WA is taking a thrown in on the goal line. Before passing the ball, White WA steps behind the goal circle and passes the ball to White GA who is ready to shoot for goal.</p>			
<b>Name the infringement:</b>	<ul style="list-style-type: none"> <li>No infringement</li> <li>Incorrect Throw In White WA - Stepping behind an offside area whilst in possession of the ball</li> <li>Incorrect Entry to Area at a Throw In White WA - foot too far away from line.</li> </ul>	<p>Incorrect Throw In White WA - Stepping behind an offside area whilst in possession of the ball.</p>	<p><b>The correct answer is:</b> Incorrect Throw In White WA - Stepping behind an offside area whilst in possession of the ball.</p> <p style="text-align: right;"><b>(1 Mark)</b></p>
<b>Sanction/ Action:</b>	<ul style="list-style-type: none"> <li>Throw In Black where White WA's foot was too far away from the line.</li> <li>Let play continue</li> <li>Throw In Black where White WA stepped behind an offside area (behind the goal circle) while holding the ball.</li> </ul>	<p>Throw In Black where White WA stepped behind an offside area (behind the goal circle) while holding the ball.</p>	<p><b>The correct answer is:</b> Throw In Black where White WA stepped behind an offside area (behind the goal circle) while holding the ball.</p> <p style="text-align: right;"><b>(1 Mark)</b></p>
<p>21. Following an unsuccessful shot at goal, White GK and White GD catch the ball in quick succession. White GK catches the ball first, quickly releases the ball and White GD passes to White C.</p>			
<b>Name the infringement:</b>	<ul style="list-style-type: none"> <li>Short pass White GK and White GD</li> <li>Incorrect playing of the ball White</li> <li>No infringement</li> </ul>	<p>Short Pass White</p>	<p><b>The correct answer is:</b> Short Pass White</p> <p style="text-align: right;"><b>(1 Mark)</b></p>
<b>Sanction/ Action:</b>	<ul style="list-style-type: none"> <li>Penalty Pass Black where White GK releases the ball</li> <li>Free Pass Black where White GK releases the ball.</li> <li>Let play continue</li> </ul>	<p>Free pass Black where White GK released the ball.</p>	<p><b>The correct answer is:</b> Free pass Black where White GK released the ball.</p> <p style="text-align: right;"><b>(1 Mark)</b></p>
<p>22. At Black's Centre Pass, Black WD catches the ball and lands on the left foot in the Centre Third. Black WD steps back into the Goal Third on the right foot before passing the ball to Black GS.</p>			
<b>Name the infringement:</b>	<ul style="list-style-type: none"> <li>No infringement</li> </ul>	<p>No infringement</p>	<p><b>The correct answer is:</b></p>



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	<ul style="list-style-type: none"> <li>● Ball Over a Third Black WD</li> <li>● Stepping Black WD</li> </ul>		No infringement <b>(1 Mark)</b>
<b>Sanction/ Action:</b>	<ul style="list-style-type: none"> <li>● Free pass White where Black WD landed on her left foot in the Centre Third.</li> <li>● Let play continue</li> <li>● Free pass White where Black WD stepped back into the Goal Third and passed the ball the Black GS.</li> </ul>	Let play continue	<b>The correct answer is:</b> Let play continue <b>(1 Mark)</b>
<b>Reason:</b>	<ul style="list-style-type: none"> <li>● A player may not pass the ball over a third without the ball being touched or caught in that third.</li> <li>● After catching the ball correctly a player may step into an adjacent third. Any subsequent throw is deemed to have been made from the third where the player first landed.</li> <li>● A player may not reground the grounded foot before the ball has been released.</li> </ul>	After catching the ball correctly a player may step into an adjacent third. Any subsequent throw is deemed to have been made from the third where the player first landed.	<b>The correct answer is:</b> After catching the ball correctly a player may step into an adjacent third. Any subsequent throw is deemed to have been made from the third where the player first landed. <b>(1 Mark)</b>
23. White C and Black C are contesting for a position on the goal circle edge. As both players are trying to gain a better position Black C enters the goal circle just before White C.			
<b>Name the infringement:</b>	<ul style="list-style-type: none"> <li>● Offside Black C</li> <li>● Simultaneous offside Black C and White C</li> <li>● Incorrect Entry to Area White C</li> </ul>	Offside Black C	<b>The Correct Answer is:</b> Offside Black C <b>(1 Mark)</b>
<b>Sanction/ Action:</b>	<ul style="list-style-type: none"> <li>● Toss Up between Black C and White C outside the goal circle close to where both players went offside</li> <li>● Free pass White where Black C entered the goal circle</li> <li>● Free pass Black where White C entered the goal circle</li> </ul>	Free pass White where Black C entered the goal circle	<b>The Correct Answer is:</b> Free pass White where Black C entered the goal circle <b>(1 Mark)</b>

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<p><b>Reason:</b></p>	<ul style="list-style-type: none"> <li>● If two opposing players enter an offside area, one before the other, the first player is penalised.</li> <li>● If two opposing players enter into an offside area, simultaneously, a toss up is taken.</li> <li>● A player is offside when the player enters a court area not designated for the player's position.</li> </ul>	<p>If two opposing players enter an offside area, one before the other, the first player is penalised.</p>	<p><b>The Correct Answer is:</b> If two opposing players enter an offside area, one before the other, the first player is penalised.</p> <p style="text-align: right;"><b>(1 Mark)</b></p>
<p>24. Black GA is running into the Goal Circle, to stop her from entering the Goal Circle, White GD defends her closely. Black GA leaves the court and re-enters the court near the goalpost. Black GD follows her off court with her arms outstretched in front of the GA.</p>			
<p><b>Name the infringement:</b></p>	<ul style="list-style-type: none"> <li>● No infringement</li> <li>● Contact Black WD</li> <li>● Defending a Player who is Out of Court Black GD</li> </ul>	<p>Defending a Player who is Out of Court Black GD</p>	<p><b>The Correct Answer is:</b> Defending a Player who is Out of Court Black GD</p> <p style="text-align: right;"><b>(1 Mark)</b></p>
<p><b>Sanction/ Action:</b></p>	<ul style="list-style-type: none"> <li>● Free pass White, on court, close to where Black WD left the court to defend</li> <li>● Penalty pass White, on court, close to where Black GD left the court to defend</li> <li>● Let play continue</li> </ul>	<p>Penalty pass White, on court, close to where Black GD left the court to defend</p>	<p><b>The Correct Answer is:</b> Penalty pass White, on court, close to where Black GD left the court to defend</p> <p style="text-align: right;"><b>(1 Mark)</b></p>



**HAND SIGNALS (4 MARKS)**

25.

<b>ADVANTAGE:</b> 	<b>BALL OVER A THIRD:</b> 	<b>OBSTRUCTION OF PLAYER WITHOUT BALL:</b> 	<b>ORDERING OFF:</b> 

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### GAME MANAGEMENT (5 Marks)

<p><b>TRUE/FALSE:</b> 26. During a match, team officials and bench players are allowed to use excessive noise or interruptions.</p>	<ul style="list-style-type: none"> <li>• True</li> <li>• <b>False</b></li> </ul>	<p>False</p>	<p><b>The Correct Answers are:</b>  False  <b>(½ Mark)</b></p>
<p>27. A player is allowed to push the ball into another player even if the opponent infringes the rules.</p>	<ul style="list-style-type: none"> <li>• True</li> <li>• <b>False</b></li> </ul>	<p>False</p>	<p><b>The Correct Answers are:</b>  False  <b>(½ Mark)</b></p>
<p><b>DRAG/ DROP:</b> 28. Black GS has already been issued a caution for persistent infringing (contact). As the ball is being thrown in from the Goal Line, Black GS pushes the White GD as she runs to receive a pass. The umpire holds time and issues an official warning to Black GS.</p>			
<p>Drag and Drop, in order, what the umpire must advise the player when issuing an official warning. Four actions required.</p>	<p>The umpire advises the player by:</p> <ul style="list-style-type: none"> <li>• Calls over the Black Team's Captain.</li> <li>• Suspends Black GS.</li> <li>• <b>Using the term 'official warning'</b></li> <li>• <b>Specify the behaviour for which the warning is given.</b></li> <li>• <b>Signal to the official bench that an official warning has been given.</b></li> <li>• <b>May also state any action that will follow.</b></li> <li>• Signal to the team bench that an official warning has been given.</li> </ul>	<ul style="list-style-type: none"> <li>• Using the term 'official warning'</li> <li>• Specify the behaviour for which the warning is given.</li> <li>• Signal to the official bench that an official warning has been given.</li> <li>• May also state any action that will follow.</li> </ul>	<p><b>The Correct Answers are:</b></p> <ul style="list-style-type: none"> <li>• Using the term 'official warning'</li> <li>• Specify the behaviour for which the warning is given.</li> <li>• Signal to the official bench that an official warning has been given.</li> <li>• May also state any action that will follow.</li> </ul> <p><b>(4 Mark)</b></p>

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### PROTOCOLS (7 Marks)

<p><b>CLOSED QUESTION:</b> 29.</p> <p>Before a _____ the umpires _____ the field of play and the _____ to check they conform to the Rules and provide a _____ environment for play</p>	<ul style="list-style-type: none"> <li>● Match</li> <li>● game</li> <li>● Inspect</li> <li>● Goalposts</li> <li>● court</li> <li>● safe</li> </ul>	<ul style="list-style-type: none"> <li>● Match</li> <li>● Inspect</li> <li>● Goalposts</li> <li>● safe</li> </ul>	<p><b>The Correct Answers are:</b></p> <ul style="list-style-type: none"> <li>● Match</li> <li>● Inspect</li> <li>● Goalposts</li> <li>● Safe</li> </ul> <p style="text-align: right;"><b>(4 Mark)</b></p>
<p><b>TRUE/FALSE</b> 30. When penalising an infringement the umpire:</p>			
<p>(a) States the infringement and the sanction, together with the appropriate hand signal.</p>	<ul style="list-style-type: none"> <li>● True</li> <li>● False</li> </ul>	<p>True</p>	<p><b>The Correct Answers are:</b></p> <p>True</p> <p style="text-align: right;"><b>(1 Mark)</b></p>
<p>(b) Indicates where the sanction is to be taken</p>	<ul style="list-style-type: none"> <li>● True</li> <li>● False</li> </ul>	<p>True</p>	<p><b>The Correct Answers are:</b></p> <p>True</p> <p style="text-align: right;"><b>(1 Mark)</b></p>
<p>(c) The umpire may add a brief verbal descriptor to indicate the nature of the contact eg 'contact – knees', '</p>	<ul style="list-style-type: none"> <li>● True</li> <li>● False</li> </ul>	<p>True</p>	<p><b>The Correct Answers are:</b></p> <p>True</p> <p style="text-align: right;"><b>(1 Mark)</b></p>