

Name: \_\_\_\_\_

Centre \_\_\_\_\_

:

Zone: \_\_\_\_\_

**NEW ZEALAND THEORY EXAM**  
**September 2016**  
**Time allowed: 1½ hours**

**INSTRUCTIONS TO CANDIDATES**

PLEASE READ THESE CAREFULLY BEFORE COMMENCING THE PAPER

- 1 Write your Name, Centre and Zone in the spaces at the top of this page.
- 2 Use only a blue or black pen. Cross out any work not to be marked. Any work in pencil or using Correction Fluid will NOT be marked.
- 3 Answer all questions in this printed exam booklet. If you have insufficient space for an answer, use any space on the back of the paper or you may use your own paper. Be sure to put your name on any extra sheets and label questions carefully. Make sure any extra sheets are handed in with your paper.
- 4 Teams referred to are BLACK and WHITE.
- 5
  - (a) It is NOT necessary to specify the infringer must stand beside and away from the player taking the penalty.
  - (b) Similarly, it is NOT necessary to specify the Umpire blows the whistle when penalising an infringement.
- 6 Check you have 30 questions in this exam booklet.
- 7 Read all questions carefully and answer only what is asked clearly and concisely.
8. For infringements where a general statement can cover a wide range of specific infringements, the specific statement must also be used.  
  
Example:     ***Incorrect playing of the ball - Tip, bat, catch***
- 9 There are **60 marks available**. You must gain **51 marks (85%)** in order to pass.  
**Mark allocations for each question are shown in brackets.**

Total Mark	Result
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# TECHNICAL SPECIFICATIONS

This section of the exam tests your knowledge of the court, its related areas, the goal posts, the ball and the application of protocols around this section.

**Question 1:**

**Fill in the missing labels**

TEAM BENCH 1	OFFICIALS BENCH	UMPIRES' BENCH	TEAM BENCH 2
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**a) Name the two lines parallel to the goal lines.**  
*Transverse Lines*

**c) Name this area of the court.**  
*Goal Third*

**b) What is the name of the orange area of the court and related areas**  
*Court Surround*

**d) What is the name of this zone?** *Media & Statisticians Zone*

and measurements of court and related areas.

(2 marks)

**Question 2:**

What are the technical specifications for the following :

*(Circle your answer clearly)*

The two longer sides are called <b>sidelines</b> and measure:	30.5m (100ft)	3.05m (10ft)	35m (115 ft)
The two shorter sides are called <b>goal lines</b> and measure:	15m (49ft)	25.25m (82ft)	15.25m (50ft)
A goal circle is located at each end of the court. This is a semi-circle with a of radius of:	4m (13ft)	4.9m (16ft)	4.25m (13.9ft)
The distance between the edge of the court surround and the goal lines and sidelines is:	30.5m (100ft)	3.05m (10ft)	2.05m (6.7ft)

(2 marks)

# MATCH DURATION, PERSONNEL AND PROCEDURES

This section of the exam tests your knowledge around the section match personnel and match procedures.

**Question 3: TRUE/ FALSE**

*A match consists of four quarters, each of 15 minute playing duration.*

**(Circle your answer clearly)**

a) The half-time interval may be 8 minutes with the agreement of the event organiser.	TRUE	FALSE
b) An interval may be extended by the umpires for an emergency.	TRUE	FALSE
c) Extra time consists of two halves of equal length, not exceeding 6 minutes.	TRUE	FALSE
d) In the event of a tie remaining at the end of extra time, a visual signal is placed at the official bench to indicate that play will continue until one team leads by one goal.	TRUE	FALSE

(2 marks)

**Question 4:**

*Use the words below to complete the following sentences.*

match	match officials	team officials	team members
co-captain	players	game	captain

Before the start of a **match** , the names of all **players**

and **team officials** must be provided to the scorers . Each team names one

player as **captain**.

(2 marks)

**Question 5:**

The umpires control a match according to the Rules and decide any matter not covered by them. Their decisions are final and are given without appeal.

List three of the five ways an umpire’s whistle is used to control a match.

An umpire’s whistle :

- (a) Starts and ends each quarter/half
- (b) Restarts play after a goal has been scored
- (c) Indicates when an infringement is penalised
- (d) May be used to indicate when the ball is out of court if clarification is needed
- (e) Signals when the timekeepers are to hold time for a stoppage and when to restart timing play.

( 1 1/2 marks)

**Question 6: TRUE or FALSE**

(Circle your answer clearly)

a) During the match the scorers call the centre pass if appealed to by an umpire.	<b>TRUE</b>	<b>FALSE</b>
b) The scorers should signal the direction of any centre pass to be taken immediately after a stoppage.	<b>TRUE</b>	<b>FALSE</b>
c) The timekeepers are responsible for notifying the umpires when there is 30 seconds and 15 seconds remaining before the start of a quarter/half.	<b>TRUE</b>	<b>FALSE</b>
d) The timekeepers notify the umpires when 15 seconds remain prior to the end of a stoppage for injury/illness or blood.	<b>TRUE</b>	<b>FALSE</b>

(2 marks)

# SANCTIONS

This section of the exam tests your knowledge around the actions taken by an umpire against an infringing player, team official or bench player.

**Question 7:**

**(a) The infringer must stand out of play for a penalty pass. This means the infringer must:**

**(Place the following in the correct sequence using numbers 1 - 3)**

Remain in this position and not move or take any part in play (including verbal comments).	<b>3</b>
Move quickly to the position indicated.	<b>1</b>
Stand beside but away from the player taking the penalty pass so as not to impede that player.	<b>2</b>

(1 1/2 marks)

**(Circle your answer clearly)**

<b>b) Can this sanction be advanced if the umpire judges it to be delaying play?</b>	<b>YES</b>	<b>NO</b>
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(1/2 mark)

## START OF PLAY

This section of the exam tests your knowledge of the rules at the start of the match.

### Question 8:

*At the start of the game, Black Team has 4 players present to start the quarter. One of Black Team's players arrive and the team takes the court within the 30 seconds whistle.*

*Name the Infringement:*

**Failure to take the court Black**

(1/2 mark)

*State the Sanction and/or Action of the Umpire:*

**The whistle is blown to start play then the infringement is penalised.**

**Penalty pass White taken in centre third by the transverse line at the goal end of the White Team.**

**Black Centre stands out of play for the penalty pass.**

(1 1/2 mark)

### Question 9:

*White's Centre Pass is caught by Black WA who lands with feet astride the Transverse Line. (What sanction and/or action would the Umpire take?)*

- a) Free Pass Black in Goal Third near where the ball crossed the Transverse Line
- b) Free Pass White in Centre Third near where the ball crossed the Transverse Line
- c) Let play continue, advantage rule applies**

(1 mark)

## DURING PLAY

This section of the exam tests your knowledge of the rules during the match.

### Question 10:

Black WA leaves the Court to gain a better playing position. White WD leaves the Court and continues defending Black WA. What action would the Umpire take?

- a) **Penalty Pass Black on Court near the point where White WD began the defending action.**
- b) Let play continue
- c) Penalty Pass Black on Court near the point where White WD was standing
- d) Throw in Black where Black WA was standing

(1 mark)

### Question 11:

White GA catches the ball very close to the Goalpost. As it is difficult to shoot from this position, White GA bounces the ball off the Goalpost, catching the ball in a better position before scoring a successful goal. What action would the Umpire take?

- a) Penalty Pass Black where White GA regained possession of the ball
- b) **Free Pass Black where White GA regained possession of the ball, discount goal.**
- c) Let play continue, count the goal

(1 mark)

### Question 12:

*Black WD arrives just after the whistle to start the game and quickly runs on Court to the vacant WD position.*

**Sanction/Action:**

**Free pass White where ball was when play stopped – the player is sent from the court until the correct time for entry.**

**Explain the reason for your action:**

**If a position has been left vacant the late arrival may not enter the match while play is in progress but may take the court immediately after: (a) A goal has been scored (in this case the player must play in the position left vacant) (b) stoppage for injury/illness or blood or (c) an interval.**

(2 marks)



**Question 13:**

Interference may occur in many different ways during a game of netball. List 3 ways that this may be observed.

- (i) Physical contact using any part of the body to limit an opponent's ability to move freely (this includes, but is not limited to, pushing, tripping, holding or leaning on an opponent)
- (ii) Knocking or hitting a player including when shooting for goal
- (iii) Placing hand/s on the ball held by an opponent
- (iv) Hitting the ball held by an opponent or removing it from an opponent's possession
- (v) While holding the ball, pushing it into an opponent.

(3 marks)

**Question 14:**

Black GA and White C catch the ball at the same time in the Centre Third. At the time, the ball is caught White C's right heel is partly outside the court.

**Infringement:** Simultaneous Possession of the ball White WD and Black GD with one player having part contact with the outside of the court.

**Sanction/ Action:** Toss Up between White WD and Black GD in the Centre Third where the ball was caught.

**Explain the reason for your action:** If the ball is caught simultaneously by two opposing players, either of whom lands or is standing wholly or partly outside the court, a toss up is taken on court between the players concerned.

(3 marks)

**Question 15: YES OR NO**  
(Circle your answers clearly)

<b>a)</b> Do both teams have the right to make changes when play is stopped for injury/illness or blood?	<b>Yes</b>	<b>No</b>
<b>b)</b> If two opposing players contact simultaneously a toss up is taken between the two players concerned.	<b>Yes</b>	<b>No</b>
<b>c)</b> Can the Captain clarify a rule during a blood stoppage?	<b>Yes</b>	<b>No</b>
<b>d)</b> Can an Umpire advance a penalty if a player disputes a decision?	<b>Yes</b>	<b>No</b>
<b>e)</b> In an extreme circumstance and in consultation with the event organiser can the umpires decide to abandon a match if the safety of player and/or officials is considered to be at risk?	<b>Yes</b>	<b>No</b>
<b>f)</b> Can a player who is within 0.9m (3ft) of an opponent without the ball stretch out their arms to intercept a ball?	<b>Yes</b>	<b>No</b>
<b>g)</b> When attacking, defending or playing the ball, can two opposing players may come into physical contact with each other?	<b>Yes</b>	<b>No</b>
<b>h)</b> Can an umpire authorise other people (including team officials) to assist an injured player to leave the court if needed?	<b>Yes</b>	<b>No</b>

(4 marks)

**Question 16:**

White GS takes a shot for goal as she does, the ball slips out of her hands and drops to the ground. Black GK reaches for the ball to gain possession and rolls it herself before passing it on to Black C.

Sanction/Action: **No infringement. Let play continue**

Explain the reason for your action: **To gain possession a player may roll the ball to oneself.**

(2 marks)

**Question 17:**

White WD catches the ball in Black's Goal Third and steps forward into the Centre Third before throwing the ball. The pass is intercepted by Black GD who lands in White's Goal Third.

Sanction: **Over A Third White**

Action: **Let play continue. Advantage rule applies.**

Explain the reason for your action: **The umpire should refrain from blowing the whistle for an infringement when by so doing the non-infringing team would be disadvantaged.**

**(3 marks)**

**Question 18:**

Describe how the defending player's 0.9m distance is measured from a player in possession of the ball in each of the following situations:

a) The player's landing, grounded or pivoting foot remains on the ground.

**One foot landing by the player with the ball:**

**(a) If the player remains in the landing position: from the landing position to the nearer foot of the defending player**

b) The player's landing, grounded or pivoting foot is lifted.

**One foot landing by the player with the ball:**

**(b) If the player steps away from the landing position: from the point where the player landed to the nearer foot of the defending player.**

c) The player lands on both feet simultaneously and remains grounded on both feet.

**Two foot landing by the player with the ball:**

**If the player does not move either foot: from whichever foot is closer to the nearer foot of the defending player.**

**(3 marks)**

**Question 19:**

In taking a shot at goal a player must: (List two requirements for taking a shot at goal).

In taking a shot at goal the player must:

- (a) Have no contact with the ground outside the goal circle either while catching or holding the ball. The player may lean on the ball in the goal third outside the goal circle or may roll the ball or pick it up from this area, provided the player makes no physical contact with the ground outside the goal circle
- (b) Shoot within 3 seconds of catching the ball
- (c) Obey the footwork rule [Rule 9.6].

(2 marks)

**Question 20:**

Black GA shots for goal as White GD defends from the correct distance. As the ball is on its downward flight, White GK deflects the ball up through the net and it lands out of court.

**Infringement:** Incorrect playing of the Ball White GK - deflecting the ball on its downward flight.

**Sanction and/ or Action:** Penalty Pass Black where Black GA shot for goal.

**Explain the reason:** A defending player may not deflect a ball on its downward flight towards the ring, including touching the ball up through the net.

(3 marks)

**Question 21:**

White WD is suspended for dangerous play.

- a) What must the Umpire advise White WD?

**The umpire advises the player of the suspension.**

- b) At the end of the suspension period and after notifying the Umpire, when can White WD re- enter the Court?

**Once the suspension period has been completed, the player is able to return to the court at the next break in play (after a goal is scored, during a stoppage or interval, when a sanction is awarded, a throw in or toss up taken).**

(1 mark)

**Question 22:**

At Black Centre Pass, White GD and White WD position themselves so closely to Black WA on the transverse line that Black WA contacts White WD when entering the Centre third.

Infringement: **Inevitable Contact White GD and White WD**

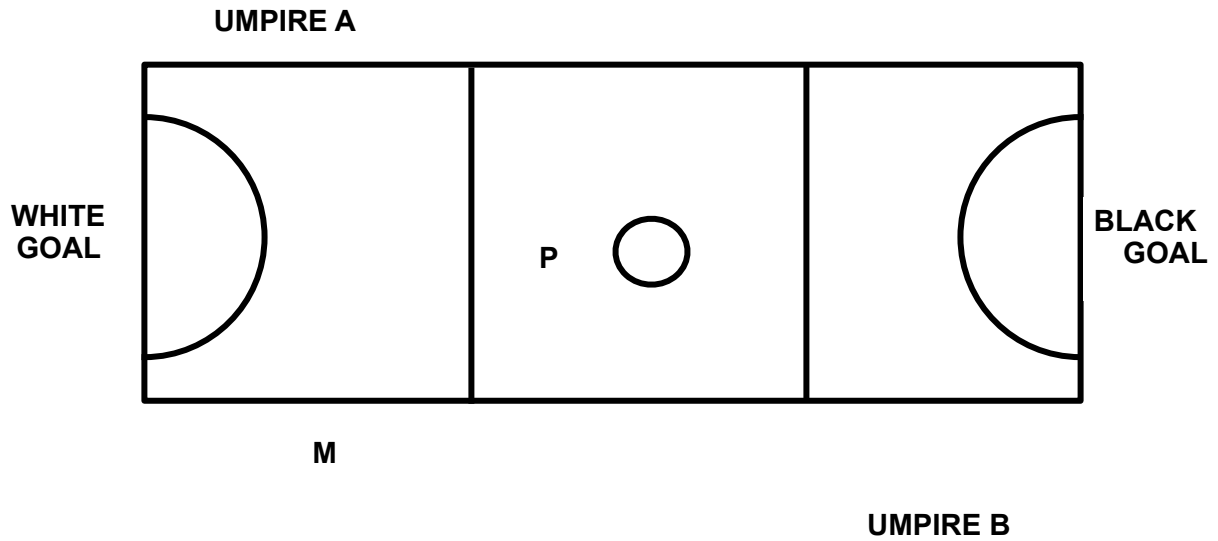
Sanction and/ or Action: **Penalty Pass Black where Black WA contacts White WD.**

Explain the reason for your action: **Player/s, whether moving or stationary, may not position so closely to an opponent that this player is unable to move without contacting.**

(3 marks)

**Question 23:**

Refer to the Court diagram below for Question 23:



- a) Black WA is taking a Throw In at Point M. White WD stands 0.8m away, making it difficult for Black WA to pass. Which umpire penalises this infringement?

**Umpire B**

**(1/2 mark)**

- b) Umpire B blows the whistle for White's Centre Pass. White C steps forward to Point P on the right foot causing the left foot to drag in the Centre Circle. Which Umpire penalises this infringement?





**Umpire B**

**(1/2 mark)**

# HAND SIGNALS

This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.

24. Name these hand signals below:

	
<p><b>a) Footwork</b></p>	<p><b>b) Intimidation</b></p>
	
<p><b>c) Ordering Off</b></p>	<p><b>d) Incorrect Entry to An Area</b></p>
	
<p><b>e) Centre Positioned Incorrectly</b></p>	<p><b>f) Official Warning</b></p>
	
<p><b>g) Goal Not Scored</b></p>	<p><b>h) Incorrect Playing Of The Ball</b></p>

(4 marks)

## GAME MANAGEMENT

This section of the exam tests your knowledge of the game management and how they apply to the rules of the game fairly.

### Question 25:

To manage a match the umpires may, in advance to the normal sanction use a caution, issue an official warning, suspend a player or order a player off.

What does this mean for the player who has been given one of these:  
(Complete the sentences below)

- a) **Caution a Player:** A player is advised *that the behaviour specified must change*
- b) **Issue an Official Warning:** A player is warned *that suspension will follow if the behaviour specified continues*
- c) **Suspend a Player:** A player who is suspended *takes no part in play for 2 minutes*
- d) **Order a Player Off:** A player who is ordered *off takes no further part in the match.*

(2 marks)



**Question 26:**

**Black WD is contesting for an intercept, during this attempt Black WD contacts White C. After this, a number of contacts occur in a short period of time and the umpire decides it is appropriate to issue a 'caution' for persistent infringing.**

*List the action/s that will be observed by the controlling umpire when cautioning a player.*

1. The Umpire will hold time
2. Speak to the player concerned (Black WD) and clearly specify the concern and, if appropriate, any actions that will follow if the behaviour is not corrected
3. Re-start play

**(1 1/2 marks)**

## PROTOCOLS

This section of the exam tests your knowledge of the protocols relevant to the game of netball.

### Question 27:

Before a match the umpires inspect the:

1. **field of play**
2. **goal posts** and
3. **the ball**

to check they conform to the Rules and provide a safe environment for play.

(1 mark)

### Question 28:

Who is responsible for each of the following?

- a) Recording any suspensions which may occur
- b) Observing the toss

**Scorer**

**Reserve Umpire**

(1 mark)

### Question 29:

Describe the type of whistle an Umpire would use in the following situations:

- a) 10 second warning
- b) During play for an infringement, toss up, out of court etc

**Long Whistle Roll**

**Medium Whistle**

(1 mark)

**Question 30:****Complete the follow sentence.**

The umpire notices blood on the leg of the Black GS and holds play. The player must leave the court

within **30 seconds** and may not return to the court until this has been **cleaned** or clothing replaced.

**(1 mark)**