

Zone Theory Exam

August 2019

Technical Specs				
Question Number	Question	Answer	Rule	Marks
1	What is the weight of the ball? (a) 350-400g(12-14oz) (b) 400-450g (14-16oz) (c) 450-500g(16-19oz)	(b) 400-450 g (14-16oz)	3.3(i)	1
2	A rebound from a shot at goal is caught by the Black GS who lands on the Goal Line and shoots successfully for goal.			
2a	What is the Infringement? (a) No Infringement (b) Out of court Black. (c) Replayed ball Black GS.	(a) No Infringement.	3.1.1 (vi) 10.2(i) (a)	1
2b	What is the Sanction/Actions? (a) Let Play Continue, Count Goal. (b) Free Pass to White where Black GS shot for goal, discount goal. (c) Throw In White, discount goal.	(a) Let Play Continue, Count Goal	3.1.1 (vi)	1
3	White GK moves to intercept a high pass and lands with one foot on the transverse line.			
3a	What is the Infringement? (a) No Infringement. (b) Offside White GK.	(a) No Infringement	3.1.1 (vi)	1
3b	What is the Sanction/Action? (a) Let Play Continue. (b) Free Pass Black where White GK landed.	(a) Let Play Continue	3.1.1 (vi)	1
4	Black GK overbalances and leans on the goalpost to catch a rebound from an unsuccessful shot at goal. Black GK passes to Black WD.			
4a	What is the Infringement? (a) No Infringement. (b) Using Goal Post to regain balance Black GK	(b) Using Goal Post to regain balance Black GK.	9.4.1 (vi)	1

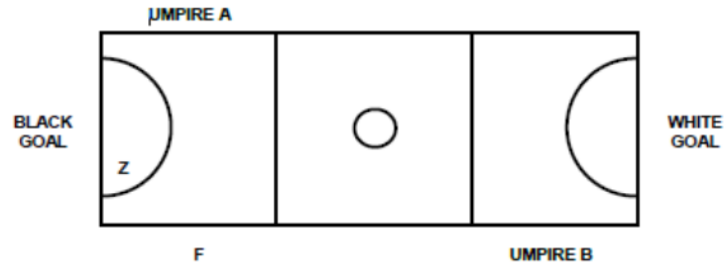
4b	What is the Sanction/Action? (a) Let Play Continue. (b) Free Pass White where Black GK used the Goal Post to regain balance.	(b) Free Pass White where Black GK used the Goal Post.	9.4.1 (vi)	1
Match Personnel				
	Question	Answer	Rule	Marks
5	During a match, players must wear: (a) A registered playing uniform. (b) Suitable sports footwear. (c) Medical alert bracelet. (d) Wedding ring. (e) Playing position initials.	(a) A registered playing uniform. (b) Suitable sports footwear. (e) Playing position initials.	5.1.1 (i) (a)(b)	3
6	When may the captain approach the umpires for clarification of a rule? (a) At a stoppage. (b) At an interval (c) At an injury.	(b) An interval	5.1.1 (v) (b)	1
7	Playing position initials must be worn above the waist front and back - choose the correct height of these initials. (a) 100mm (4in) (b) 150mm (6in) (c) 200mm (8in)	(b) 150mm (6in)	5.1.1 (i) (b)	1
8	A team may have up to 5 team officials. Select three: (a) Coach (b) Primary care person (c) Manager (d) Physiotherapist (e) Doctor	(a) Coach, (d) Physiotherapist, (b) primary care person, (e) doctor	5.1.2 (i)(ii)(a)	3
9	How many timekeepers are there in a match? (a) 2 (b) 3 (c) 4	(a) 2	5.3	1
10	Scorers will call the centre pass after each goal is scored. (True/False)	FALSE	5.3.1 (ii) (d)	1

11-12

MATCH PERSONNEL

This section of the exam tests your knowledge around the team, match officials and technical officials.

Refer to the diagram below for questions 11 and 12



11. Black has the first Centre Pass at the start of a game.

- 11a. Which Umpire starts play? !
- Umpire A ✔
 - Umpire B ✘

- 11b. Which Umpire would take a Toss Up at Point Z? !
- Umpire A ✔
 - Umpire B ✘

12. White scores the first goal. Which Umpire is responsible for the following?

- 12a. Restarting play? !
- Umpire A ✘
 - Umpire B ✔

- 12b. Ruling out of Court at Point F? !
- Umpire A ✘
 - Umpire B ✔

See green ticks in image

4




Starting Play

Question

Answer

Rule

Marks

13 a,b,c	<p style="text-align: center;">STARTING PLAY</p> <p style="text-align: center;"><i>This section of the exam tests your knowledge of the rules at the start of play and during the match.</i></p> <p>13. Determine whether each image correctly demonstrates conditions for controlling the centre pass.</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>(a) </p> <p><input type="radio"/> Correct </p> <p><input checked="" type="radio"/> Not Correct </p>  </div> <div style="text-align: center;"> <p>(b) </p> <p><input type="radio"/> Correct </p> <p><input type="radio"/> Not Correct </p>  </div> <div style="text-align: center;"> <p>(c) </p> <p><input type="radio"/> Correct </p> <p><input type="radio"/> Not Correct </p>  </div> </div>	See green ticks in image		3
14	If two opposing players enter the Centre third at a Centre Pass simultaneously and neither touches the ball a toss-up is taken in Centre third by these two players. (True/False)	FALSE	8.2.1 (iv) (a)	1
15	A Goal Shooter or Goal Attack who catches the ball at a toss-up in the goal circle can shoot for goal. (True/False)	TRUE	8.5.3 (ii)	1
16	Black WD takes a Throw In from behind the Goal Line [do we need to clarify not behind the goal circle? and the ball is caught by Black C in the Centre Third.			
16a	<p>What is the Infringement?</p> <p>(a) Throwing in from an area not bounding own playing area. (b) No Infringement (c) Ball Over a Third Black.</p>	(c) Ball over a third black	8.4.1 (ii) (a)	1
16b	<p>What is the Sanction/Action?</p> <p>(a) Penalty Pass White in the Centre third close to the Transverse Line, (b) Throw In White where Black took the Throw in. (c) Free Pass in Centre third White, close to transverse line.</p>	(c) Free Pass in Centre Third White close to transverse line.	8.4.1 (ii) (a)	1

	(d) Let Play continue.			
17	Black's Centre Pass is caught by White WD outside Black's Goal Circle.			
17a	What is the Infringement? (a) No Infringement (b) Over a third Black (c) Ball not caught or touched in the Centre third from a Centre Pass Black.	(c) Ball not caught or touched in the Centre third from a Centre Pass.	8.2.2 (iii)	1
17b	What is the Sanction/Actions? (a) Free Pass to White where White WD caught the ball. (b) Free Pass White, in Goal third near transverse line. (c) Advantage White, Let Play Continue.	(c) Advantage White, Let Play Continue.	8.2.2 (vi) (a)	1
18	White C has left the court to get the ball and throws the ball to the Black C. Black C takes the throw in before the White C is back on the court.			
18a	What is the Infringement? (a) No Infringement, (b) Incorrect Throw In Black C, (c) White Centre should have hurried back on to court.	(b) Incorrect Throw In Black C.	8.4.1 (i)(b)	1
18b	What is the Sanction/Actions? (a) Free Pass on court White (b) Free Pass on court Black (c) Throw in Black from original Throw in point. (d) Throw in White from original Throw in point.	(d) Throw in White from original Throw in point.	8.4.1 (i)(b)	1
Match Procedures				
	Question	Answer	Rule	Marks
19	If the opposing Centre is obstructing the Centre taking the centre pass, which umpire is responsible for penalising this infringement? (a) Umpire controlling centre pass. (b) Umpire in whose half the infringement has occurred.	(a) Umpire controlling the centre pass.	6.1.1 (v)	1
20	Who is responsible for notifying the teams when there are 30 seconds and 10 seconds before the start of a quarter/half? (a) Timekeepers. (b) Reserve Umpire. (c) Scorers. (d) Umpires.	(d) Umpires.	6.1.1 (i)	1
21	Team officials and bench players may coach. (a) when play is in progress (b) during stoppages	(a) when play is in progress,	6.2 (i) a,b,c	3

	(c) during intervals (d) When coach is standing on the goal line	(b) during stoppages (c) during intervals		
During the Match				
	Question	Answer	Rule	Marks
22	The ball is loose on the ground outside the Goal Circle. Black WA rolls the ball to Black GA who shoots successfully for Goal.			
22a	What is the Infringement? (a) Rolling the ball to another player Black WA (b) Replayed Ball Black WA (c) No Infringement	(a) Rolling the ball to another player.	9.4.1 (ii) (b)	1
22b	What is the Sanction/Action? (a) Let Play Continue, (b) Free Pass White where Black WA rolled the ball to Black GA. Discount Goal. (c) Free Pass White where Black WA replayed the ball	(b) Free Pass White where Black WA rolled the ball to Black GA, Discount Goal.	9.4.1 (ii) (b)	1
23	White GK and White GD catch the ball in quick succession from an unsuccessful shot at goal. White GK catches the ball just before White GD and the White GD releases the ball quickly. White GK passes to the White WD outside the Goal Circle.			
23a	What is the Infringement? (a) White GD replayed the ball. (b) No Infringement (c) Short Pass White GK and White GD. (d) Incorrect playing of the ball White.	(d) No Infringement.	9.5.1 (ii)	1
23b	What is the Sanction/ Actions? (a) Let Play Continue (b) Free Pass Black where White GD took her hands off the ball. (c) Penalty Pass Black where White GD released the ball.	(a) Let Play Continue	9.5.1 (ii)	1
24	Black GD intercepts the ball in White's Goal third. Black GD steps into the Centre third and passes the ball to the Black GS.			
24a	What is the Infringement? (a) No infringement. (b) Ball over a third Black.	(b) Ball over 1/3rd Black	9.5.2(i) (ii)	1
24b	What is the Sanction/Action? (a) Free Pass White in Centre third by the transverse line. (b) Free Pass White in Blacks Goal third near the transverse line.	(b) Free Pass White in Blacks Goal Third near the transverse	9.5.2(i) (ii)	1

	(c) Free pass white where GD passed the ball	line Free Pass White where GD passed the ball.		
25	Black C tips the ball in an uncontrolled manner twice before gaining possession:			
25a	What is the Infringement? (a) Replayed Ball Black C (b) No Infringement, (c) Tip Bat Catch Black C	(b) No Infringement.	9.4.1 (iii)(b)	1
25b	What is the Sanction/Action's? (a) Let Play Continue, (b) Award a free pass to White where Black C tipped the ball more than once. (c) Award a Penalty Pass to White where Black C caught the ball.	(a) Let Play Continue	9.4.1 (iii) (a)	1
26	White WA catches the ball and lands on both feet simultaneously. WA jumps off both feet and lands on the left foot before passing the ball.			
26a	(a) No Infringement (b) stepping White WA	(a) No Infringement.	9.6.2(iii)	1
26b	(a) Let Play Continue (b) Free Pass Black where White WA caught the ball. (c) Penalty Pass Black where white caught the ball.	(a) Let Play Continue	9.6.2(iii)	1
Sanctions				
	Question	Answer	Rule	Marks
27	Select the correct sanctions used in the game (select all that apply). (a) Penalty Pass or Shot (b) Throw In (c) Free Pass (d) Penalty Pass	(c) Free Pass, (d) Penalty Pass.	7.1 (i) (ii)	2
28	Sanctions are awarded to a team. The player taking the sanction must (Select all that apply) (a) Take up the position indicated by the Umpire. (b) Release the ball at 3 seconds. (c) Obey the footwork rule. (d) Release the ball within 3 seconds. (e) For a penalty take the pass from anywhere on the court.	(a) Take up the position indicated by the umpire, (d) Release the ball within 3 seconds, (c) Obey the footwork rule	7.1.1 (i) (ii) (iii)	3
29	Black WD is penalised for Obstruction. Black WD stands out of play and talks to the Black C about her sore foot.			

29a	What is the Infringement? (a) No Infringement, (b) Black WD taking part in play while penalised.	(b) Black WD taking part in play while penalised.	7.1.3 (i) (c)	1
29b	What is the Sanction/Actions? (a) Let Play Continue, (b) Free Pass to White where Black WD was standing, (c) Retake Penalty Pass White where Black WD was standing advising her to remain out of play.	(c) Retake Penalty Pass White where Black WD was standing advising her to remain out of play.	7.1.3 (i)(c))	1
Game Management				
	Question	Answer	Rule	Marks
30	A Penalty Pass will be awarded to the Black team on court when the manager of the White team has been cautioned by the umpire/s. (True/False)	FALSE	13.3 Sanction	1
31	A player who is suspended takes no part in play for 2 minutes playing time. (True/False)	TRUE	13.1 (i)(c)	1
32	A decision to suspend a player is binding on the co-umpire. (True/False)	TRUE	13.1(II)	1
Scoring a Goal				
	Question	Answer	Rule	Marks
33	White GD defends from the correct position as Black GA is shooting for goal. White GD jumps and deflects the ball, the ball goes through the Goal Ring.			
33a	What is the Infringement: (a) No Infringement (b) White GD deflecting the ball. (c) Defending Player incorrectly scoring the goal.	(a) No Infringement	10.1 (iii)	1
33b	What is the Sanction/Action? (a) Let Play Continue, Count Goal. (b) Free Pass White where Black GA shot for Goal. (c) Let Play Continue, Discount Goal.	(a) Let Play Continue/Count Goal	10.1 (iii)	1
34	Black GS's shot for goal is unsuccessful and the ball bounces off the ring. White GD jumps in the air and bats the ball towards White GK, and the ball passes through the Goal Ring			
34a	What is the Infringement? (a) No Infringement (b) No Player other than the GA/GS can score a goal.	(b) No Player other than the GA/GS can score a goal.	10.1 (ii)	1
34b	What is the Sanction/Action? (a) Play Continues no goal is scored. (b) Count Goal and Let Play Continue. (c) Free Pass where White GD batted the ball.	(a) Play continues, no goal is scored	10.1 (ii)	1

	(d) Penalty Pass where White GD batted the ball.			
35	White GA catches the ball and lands on her right foot outside the Goal circle. White GA steps into the Goal circle on her left foot and shoots successfully for Goal.			
35a	What is the Infringement? (a) Having contact with the ground outside the Goal circle before shooting for Goal White GA. (b) Stepping White GA. (c) No Infringement	(a) Having contact with the ground outside the Goal Circle before shooting for Goal White GA.	10.2 (i) (a)	1
35b	What is the Sanction/Actions? (a) Free Pass Black outside the Goal circle: discount goal. (b) Free Pass inside the Goal circle Black where GA shot for Goal, discount Goal. (c) Let Play Continue Count Goal.	(a) Free Pass Black outside the Goal circle: discount goal.	10.2.(i)(a)	1
Contact				
	Question	Answer	Rule	Marks
36	White GS catches the ball in the Goal circle. Black C standing outside the Goal circle leans over and accidentally pushes the GS who drops the ball. White GS picks up the ball and unsuccessfully shoots for Goal.			
36a	What is the Infringement? (a) No Infringement (b) Contact Black C (c) Replayed ball White GS	(b) Contact Black C	12.2(ii)(iv)	1
36b	What is the Sanction/Actions? (a) Penalty pass White inside Goal circle. (b) Penalty pass White outside Goal circle. (c) Free pass Black inside Goal circle. (d) Free pass Black outside Goal circle. (e) Let Play Continue.	(a) Penalty Pass White inside Goal Circle.	12.2(ii)(iv)	1
37	Black C catches the ball. White WD takes up the correct defending position and puts her hands over the ball. Black C moves the ball up to throw a pass and hits the White WD's hands.			
37a	What is the Infringement? (a) No Infringement (b) Incorrectly putting hands over the ball. (c) Contact with the ball Black C.	(c) Contact with the ball black C	12.2 (v)	1

	(d) Contact on the ball White WD.			
37b	What is the Sanction/Action? (a) Let play continue. (b) Free Pass White where Black C was standing. (c) Penalty Pass White where Black C was standing. (d) Penalty Pass Black where white touched the ball.	(c) Penalty Pass White where Black C was standing	12.2 (v)	1
Obstruction				
	Question	Answer	Rule	Marks
38	White GA shoots for goal. Black GD standing 0.6m from the nearer foot of the GA stands watching the goalpost, making no attempt to defend.			
38a	What is the Infringement? (a) No Infringement, (b) Interfering with the shot at goal Black GD. (c) Obstruction Black GD.	(a) No Infringement.	11.1 (iv)	1
38b	What is the Action/Sanction? (a) Penalty Pass White where GD was standing. (b) Free Pass White where GD was standing. (c) Let Play continue, count goal if successful.	(c) Let Play Continue, count goal if successful	11.1(iv)	1
	Question	Answer	Rule	Marks
39	Images below:	See green ticks in Question		10

UMPIRE HAND SIGNALS

This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.

45. Drag and drop correct hand signal into the boxes below.

Short Pass Goal Not Scored Advantage Stepping Incorrect Playing of the Ball

Warning

Footwork ✓

Direction of Pass ✓

Hold Time ✓



UMPIRE HAND SIGNALS

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45. Drag and drop correct hand signal into the boxes below.

Short Pass Direction of Pass Advantage Stepping Incorrect Playing of the Ball

Hold Time

Intimidation ✓

Goal Not Scored ✓

Warning ✓



UMPIRE HAND SIGNALS

This section of the exam tests your knowledge of the hand signals used to support the decisions made while officiating the game of netball.

45. Drag and drop correct hand signal into the boxes below.

Footwork Stepping Direction of Pass

Goal Not Scored

Intimidation

Ball Over a Third ✓

Short Pass ✓

Advantage ✓

Incorrect Playing of the Ball ✓

